

general

weekly cleaning schedule

choose a day & get these done!

EVERYDAY

- *MAKE BED*
- *WASH & PUT AWAY DISHES*
- *PUT OUT GARBAGE*
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KITCHEN

- *WIPE COUNTERTOPS*
- *CLEAN APPLIANCES*
- *SHINE SINK*
- *CLEAN FRIDGE & FREEZER*
- *SWEEP/MOP/VACUUM*

BATHROOM

- *SCRUB SINK, TOILET & SHOWER/TUB*
- *SHINE MIRRORS*
- *WASH TOWELS & BATHMATS*
- *RESTOCK TOILETRIES & TOILET PAPER*
- *SWEEP/MOP/VACUUM*

BEDROOM

- *WIPE DOWN ALL SURFACES*
- *WASH & CHANGE BED LINENS*
- *STRAIGHTEN CLOSET*
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- *SWEEP/MOP/VACUUM*

LIVING ROOM

- *POLISH FURNITURE*
- *DECLUTTER SURFACES*
- *DUST ELECTRONICS*
- *WIPE DOWN ALL SURFACES*
- *SWEEP/MOP/VACUUM*

DINING ROOM

- *WIPE DOWN ALL SURFACES*
- *WASH/CHANGE PLACEMATS*
- *SPRUCE UP DECOR*
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- *SWEEP/MOP/VACUUM*

PERSONAL

- *LAUNDRY*
- *CLEAN BAGS/PURSES*
- *PLAN FOR THE WEEK AHEAD*
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SELF CARE

- *FACE MASK*
- *WASH HAIR/HAIR MASK*
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there is
beauty
in
simplicity